

# Technogym

## Excite Live Vario



Version	Live 10" 500	Live 10" 700	Live 10" 900	Live 10" 500 HP	Live 10" 700 HP
<b>End-user comfort and convenience</b>					
Console type	Live 10"				
Human Powered Technology	No	No	No	Yes	Yes
Optimal View	Scientifically certified console				
Fast Track Controls	No	Yes	Yes	No	Yes
Ergonomic upper body handles	Yes	Yes	Yes	Yes	Yes
Optimal Start	Yes	Yes	Yes	Yes	Yes
Lateral supports	Yes	Yes	Yes	Yes	Yes
Soft-touch total body handlebar	Yes	Yes	Yes	Yes	Yes
Integrated reading rack	Yes	Yes	Yes	Yes	Yes
Integrated tray	Yes	Yes	Yes	Yes	Yes
Wake-up Sensor	No	No	Yes	No	No
User-defined language selection	Yes	Yes	Yes	Yes	Yes
Languages available	24 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Russian, Turkish, Danish, Arabic, Korean, Norwegian, Swedish, Finnish, Israeli, Catalan, Polish, Thai, Chinese simplified, Welsh				
Goal-oriented display	Yes	Yes	Yes	Yes	Yes
<b>Structural specifications</b>					
Dimensions L x W x H*	1900 x 750 x 1800 mm (75" x 30" x 71")				
Equipment weight	152 kg (335 lbs)				
<b>Technical specifications and performance</b>					
Max user weight	180 kg (397 lbs)				
Step-up height	150 mm (5.9")				
Self Adaptive Stride	0 - 830 mm (0 - 33")				
Max resistance at 70 RPM	500 watts				
<b>HR monitoring</b>					
Hand Sensors	Single	Double	Double	Single	Double
Telemetry	Yes	Yes	Yes	Yes	Yes
Bluetooth®	Yes	Yes	Yes	Yes	Yes
ANT+	Optional**	Optional**	Yes	Optional**	Optional**
<b>Training options</b>					
Goal-driven workouts	3 - Time / Calories / Distance				
Heart rate-driven workouts	3 - CPR-CHR / Training Zone / Weight Loss				
Preset profile workouts	6				
Create your own workout	Yes				
On-trend workouts	3 - Hi-Low Blocks / Hills / Cross Training				
Technogym Routines	4 Goal-oriented Routines: Total Body / Stamina / Glutes / Lose Weight				
Submaximal tests	1 - Fitness Test				
Quick Start	Yes				
<b>Personal assistant</b>					
Technogym Coach	Yes	Yes	Yes	Yes	Yes
<b>Connectivity</b>					
Mywellness connectivity	Yes, through Bluetooth®, QR code. Optional through Key Reader, NFC and Apple / Samsung Watch**		Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch		Yes, through Bluetooth®, QR code. Optional through Key Reader, NFC and Apple / Samsung Watch**
Wi-Fi®	Yes	Yes	Yes	Yes	Yes
ANT+ receiver	Optional**		Yes		Optional**
Apple / Samsung Watch compatibility	Optional**		Yes		Optional**
NFC / RFID Reader	Optional**		Yes		Optional**
Bluetooth® 5.0	Optional**		Yes		Optional**
LAN	No	No	No	No	No
<b>Electrical specifications</b>					
Power requirement	100-240 Vac ± 10% 50/60 Hz				
<b>Utilities</b>					
Quick and easy access	Yes	Yes	Yes	Yes	Yes
Anterior wheels for easy transport	Yes	Yes	Yes	Yes	Yes
USB port	Yes	Yes	Yes	Yes	Yes
Customizable settings	Yes	Yes	Yes	Yes	Yes
Remote software update	Yes: with Asset Management				
<b>Available Certifications</b>					
UL certificate, CE Mark, EAC Mark	Yes	Yes	Yes	Yes	Yes

\*Length x Width x Height while working on the equipment

\*\*Requires Advanced Login Kit for 500 and 700 versions (cod. A0001313)



Version	Live 16" 5000	Live 16" 7000	Live 16" 9000
<b>End-user comfort and convenience</b>			
Console type	Live 16"		
Optimal View	Scientifically certified console		
Fast Track Controls	No	Yes	Yes
Ergonomic upper body handles	Yes	Yes	Yes
Optimal Start	Yes	Yes	Yes
Lateral supports	Yes	Yes	Yes
Soft-touch total body handlebar	Yes	Yes	Yes
Integrated reading rack	Yes	Yes	Yes
Integrated tray with Universal Wireless Charger	No	No	Yes
Wake-up Sensor	Yes	Yes	Yes
User-defined language selection	Yes	Yes	Yes
Languages available	24 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Russian, Turkish, Danish, Arabic, Korean, Norwegian, Swedish, Finnish, Israeli, Catalan, Polish, Thai, Chinese simplified, Welsh		
Goal-oriented display	Yes	Yes	Yes
<b>Structural specifications</b>			
Dimensions L x W x H*	1900 x 750 x 1800 mm (75" x 30" x 71")		
Equipment weight	152 kg (335 lbs)		
<b>Technical specifications and performance</b>			
Max user weight	180 kg (397 lbs)		
Step-up height	150 mm (5.9")		
Self Adaptive Stride	0 - 830 mm (0 - 33")		
Max resistance at 70 RPM	500 watts		
<b>HR monitoring</b>			
Double Hand Sensors	Yes	Yes	Yes
Telemetry	Yes	Yes	Yes
Bluetooth®	Yes	Yes	Yes
ANT+	Yes	Yes	Yes
<b>Recurring programs</b>			
Technogym Sessions	Free sample - 3 full Sessions if the product is either offline or online		
<b>Training options</b>			
Goal-driven workouts	3 - Time / Calories / Distance		
Heart rate-driven workouts	3 - CPR-CHR / Training Zone / Weight Loss		
Preset profile workouts	6		
Create your own workout	Yes		
On-trend workouts	3 - Hi-Low Blocks / Hills / Cross Training		
Technogym Routines	4 Goal-oriented Routines: Total Body / Stamina / Glutes / Lose Weight		
Submaximal tests	1 - Fitness Test		
Quick Start	Yes		
<b>Exergaming</b>			
Technogym Outdoors	Free sample - 3 x 15-minute routes if the product is offline; 9 x 30-minute routes if the product is online		
<b>Personal assistant</b>			
Technogym Coach	Yes	Yes	Yes
<b>Connectivity</b>			
Mywellness connectivity	Yes, through Key Reader, Bluetooth®, QR code, NFC. Optional through Apple / Samsung Watch**		Yes, through Key Reader, Bluetooth®, QR code, NFC and Apple / Samsung Watch
Wi-Fi®	Yes	Yes	Yes
ANT+ receiver	Optional**	Optional**	Yes
Apple / Samsung Watch compatibility	Optional**	Optional**	Yes
NFC / RFID Reader	Yes	Yes	Yes
Bluetooth® 5.0	Yes	Yes	Yes
LAN	Yes	Yes	Yes
<b>Entertainment</b>			
TV	Yes	Yes	Yes
Apps	Yes	Yes	Yes
Internet browsing	Yes	Yes	Yes
<b>Electrical specifications</b>			
Power requirement	100-240 Vac ± 10% 50/60 Hz		
<b>Utilities</b>			
Quick and easy access	Yes	Yes	Yes
Anterior wheels for easy transport	Yes	Yes	Yes
USB port	Yes	Yes	Yes
Customizable settings	Yes	Yes	Yes
Remote software update	Yes: with Asset Management		
<b>Available Certifications</b>			
UL certificate, CE Mark, EAC Mark	Yes	Yes	Yes

\*Length x Width x Height while working on the equipment

\*\*Requires Advanced Login Kit for 5000 and 7000 versions (cod. I004551)